



UMPIRE BRIEFING



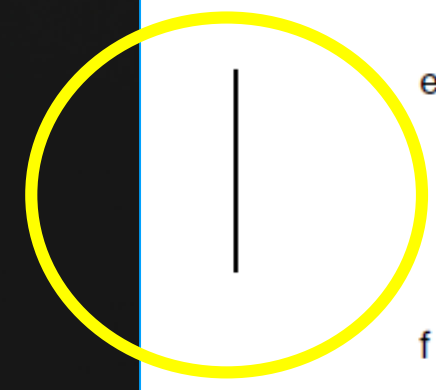
New Rule book – effective 1st January 2019
Google FIH Rules / Update FIH App



It's a great time to update and refresh your understanding

...especially the technical rules

... and all changes are easy to spot



f for any other offence by attackers : a free hit is awarded to the defence.

Except as specified above, a free hit, penalty corner or penalty stroke is awarded as specified elsewhere in the Rules.

13.8 Taking a penalty stroke :

- a time and play is stopped when a penalty stroke is awarded
- b all players on the field other than the player taking the stroke and the player defending it must stand outside the 23 metres area and must not influence the taking of the stroke
- c the ball is placed on the penalty spot
- d the player taking the stroke must stand behind and within playing distance of the ball before beginning the stroke
- e the player defending the stroke must stand with both feet on the goal-line and, once the whistle has been blown to start the penalty stroke, must not leave the goal-line or move either foot until the ball has been played
- f if the player defending the stroke is a goalkeeper or player with goalkeeping privileges, they must wear

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NEW RULES



- Match format of four quarters as standard – actually 4 x 17mins, with no stoppages for PCs

Proactive time management of breaks required – restarting after 2mins between 1st & 2nd and 3rd & 4th and 5 mins for Half time

- Removal of Goalkeeping privileges for substitute field player
- For attacking free hits within 5m of the circle – all players other than the attacker taking the free hit, must be at five metres distance, including when they are in their circle.

If the attacker however chooses to take the free hit immediately, then defenders who are inside the circle and within five metres from the ball, may shadow around the inside of the circle as per 2018.

This is a good opportunity for proactive management and control of free hits.



NEW RULES



- Attackers breaking at PC – it is the interjector that now goes back to halfway
- Removal of PC ending when the ball leaves the circle twice at the end of a period
- Common sense with Defender Masks – allowing the immediate taking of a free hit awarded after a penalty corner, without removing the mask, when passing the ball to another player
- A defender may now take a free hit awarded in the circle anywhere inside the circle or up to 15 metres from the back-line in line with the location of the offence, parallel to the side-line.
- Recommended reading: The 2019 Rules of Hockey Deconstructed *(on our FB page)*

RULES OF HOCKEY

FIH

From 1 January 2019

